

## The healing properties of lemon balm

Medicinal plants are widely used to treat various diseases in human and veterinary medicine. The useful properties of these plants are due to the variety of biologically active substances found in them. These substances are: Alkaloids, glycosides, saponins, essential oils, resins, vitamins, etc. All these substances have an impact on the physiological processes in the body of humans and animals. Active substances are formed and collected in different parts of the plant (leaves, fruits, stems). Therefore, deadlines for the collection of medicinal plants are established. This happens when pharmacological activity of accumulated nutrients reaches maximum. Treatment plant Barambo is 50-120cm tall herbaceous plant. This plant has strong branched roots. Trunk is standing on the right. Bottom, side shoots are on the ground, leaves on the stalk are located out of order, it's edges are egg shaped, jagged. Top-down there is 6-8 cm gland. Flowers are small, white, yellow or pinkish. Upper leaves are gathered in 3-10 pieces. The fruit is light-brown walnut shaped. The walnuts are thin, 1,8-1,9mm. in length. The plant has a lemon scent. For treatment, barambo is recommended as a dry form.