

# Speleotherapy in the world and in Georgia

**Salome Tabatadze**

E-mail: Salome.Tabatadze880@ens.tsu.edu.ge Department of Geography, Iv.Javakhishvili Tbilisi  
State University, 0179, Tbilisi, I.Chavchavadze #3

(Abstract)

From immemorial time, people are connected with caves. There the primitive people were sheltering cold and predators. Some of the caves' thickness of the layers is a proof that many generations lived there. In ancient Greece, the people noticed that felt sick people felt better themselves in caves. The Polish doctor Felix Bokovsky noticed that workers who have worked in caves were free from the lung diseases. In 1839, he founded the "Salt Spa in Weiliczka", near Krakow. Today it is the world's largest center for the rehabilitation and treatment. Cave's salt and fresh water is used for the nose, larynx, throat, bronchial asthma and other diseases. In addition, allergy skin diseases and metabolic disorders. Underground treatment continues 6.5 hours per day. Moreover, additional services like massage, dentistry and others. This kind of treatment is common in today's world, including the United States, Germany, Austria and Russia. The roots of this type of treatment in Georgia come since 1973. Our country can use up to 600 from existing thousand to treat asthma, chronic bronchitis, pneumonia, coronary artery disease, hypertension and others. Medicine doctor Yoram Tarkhan-Mouravi made the research in this field.

Thematic keywords: Speleotherapy, asthma, coronary artery disease, hypertonia, bronchitis.